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Ffôn/Phone : 01974 282255



mynyddoeddcambrianmountains@gmail.com



# Cambrian Tour from Tregaron

Circular tour around the southern part of the Cambrian Mountains. There's plenty to see and do on the way and these are a few of our favourites

B/ Soar Y Mynydd – Wales' most remote chapel

B2 Llyn Brianne – the UK's largest dam; the spillway is stunning when overflowing

B3 RSBP Gwenffrwd Dinas - enchanting alder and oak woodland; home to all manner of birdlife including red kites, pied flycatchers, redstarts, common sandpipers, dippers and grey wagtails

C/ Carreg Cennen Castle – spectacular location of a ruinous castle, due to its position above a limestone precipice. Take a torch if you want to go into the subterranean walkways (not strictly in the Cambrian Mountains but definitely worth a visit)

C2 Llandeilo Town – very nice church, independent shops and a good spot for a cuppa and a cake

D/ Talley Abbey - Twelfth century remains of a Premonstratensian Abbey

E/ Dolaucothi Goldmines – take a trip underground or just enjoy a walk in the parkland and woods

F/ If you fancy a mountainous route after Dolaucothi, come back via Ffarmers – F2 then on to Llandewi Brefi (famous for being the setting for Little Britain's 'Only gay in the Village') Otherwise follow the main road to Lampeter

