



Facebook : /VisitCambrianMountains



Twitter : @VisitCambMtns



Ffôn/Phone : 01974 282255



mynyddoeddcambrianmountains@gmail.com



Cambrian Tour from Tregaron

Circular tour around the northern part of the Cambrian Mountains. There's plenty to see and do on the way and these are a few of our favourites – not suitable if icy or after heavy rain

A/ From here; at the bottom of the lane, turn right

B/ Abergwesyn Pass – famous mountain road taking in stunning views and a few precipitous corners!

C/ Rhayader – an historical stopping point for travellers - the Romans had a stop-over camp in the Elan Valley, monks travelled between the Abbeys of Strata Florida and Abbeycwmhir

D/ Elan Valley - a beautiful area stretching 72 square miles with historic landscapes and thriving wildlife. The dams and reservoirs, the working legacy of remarkable Victorian engineering, add to the captivating and ever changing scenery – visitor centre with cafe

E/ Cwmystwyth – Silver, lead and zinc have been mined in the valley of the river Ystwyth since Roman times reaching its peak in the 18th century. The dilapidated buildings are now designated as Scheduled Ancient Monuments

F/ Hafod Estate -Hafod Uchdryd is one of the most important Picturesque landscapes in Europe. Having suffered damage and dereliction early in the twentieth century Hafod is currently a working forest, and home to a wide range of animals and plants, some of them rare. There are five way-marked walks, of varying length and difficulty, enable visitors to explore the Hafod landscape on foot

Follow road south via Pontrhydfendigaid (known locally as 'Bont')